

## Legal Notices 2024

**NOTICE OF PRIVACY PRACTICES AND PRACTICE POLICIES:** Privacy Practices & Practice Policies are available for review on our website at: <https://fulllifecounseling.com/resources/> and available in our Client Handbook. The Full Life Counseling Notice of Privacy Practices states how we may use and release your protected health information (PHI). By signing below, you (or your legal representative) agree that you have been given an opportunity to review our Notice of Privacy Practices, which was last revised on December 12, 2020 and directed to review our Practice Policies, last revised on January 4, 2024.

**TELEHEALTH SERVICES:** Even if you intend to have in-person sessions, you may end up with one or more telehealth sessions. There are inherent benefits and risks associated with telehealth services that are fully described in our Client Handbook. We encourage you to read the description for more information.

**MEDICARE PRIVATE CONTRACT MAY BE REQUIRED:** Full Life is not a participating provider with Medicare or Medicaid (CMS). Private contracts between Full Life and Medicare-enrolled clients are required by law. If you currently have Medicare, we will provide you with the private contract as part of the intake process. If you become Medicare eligible after intake, it will be important for you to inform our office so that we can provide you with the required private contract.

**CLIENT HANDBOOK:** A physical copy of the Client Handbook is located in the FLC lobby, and a digital copy can be delivered through the client portal. Copies are available upon request.



## No Surprises Act & Good Faith Estimate Details

If you do not have health insurance or will not be using health insurance, you are legally entitled to an estimate for the total expected cost of services you will receive at Full Life. The No Surprises Act gives you the right to ask your mental health provider for this “Good Faith Estimate” before you schedule any new or recurring services. If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill. Make sure to save a copy of your Good Faith Estimate. For questions, more information about your rights, or instructions for disputing a bill, visit [www.cms.gov/nosurprises](http://www.cms.gov/nosurprises).

Full Life provides full disclosure that we are an out-of-network provider with all insurance providers other than CBHA with a transparent fee structure.

We also recognize that clients determine the frequency and number of sessions for almost all of our services. Exceptions are for time-limited services, but even those are completely voluntary and may be discontinued at any time.

All uninsured clients and private pay clients are entitled to receive a Good Faith Estimate of the total cost of care. This is obviously hard to predict with confidence, but we are committed to providing such estimates upon request.

Part of the Good Faith Estimate includes a diagnosis, even if you do not intend to seek insurance reimbursement, which some of our clients wish to avoid.

